



Transcendence



2024

Transcendence

Transcendence can be understood as the ability to go beyond the usual limitations of human consciousness and experience. This concept is present in a variety of contexts, including spirituality, psychology, philosophy and even science.

In spirituality, transcendence often refers to surpassing the boundaries of earthly existence and achieving a state of consciousness or spiritual connection that goes beyond the mundane. It can include experiences of unity, spiritual ecstasy, enlightenment, and expanded understanding of life's purpose.

In psychology, transcendence can be seen as the ability to disidentify with limited aspects of the self, achieving a higher state of understanding and greater awareness of oneself and the world around. This can be related to peak experiences, moments of deep gratitude, transformative insights, and the expansion of consciousness.

From a philosophical point of view, transcendence can be associated with the search for truth, justice, beauty and meaning. It may involve overcoming the limitations of dualistic thinking, understanding the nature of reality, and recognizing the interconnectedness of all things.

In the scientific context, transcendence can be considered in terms of overcoming perceived barriers, advancing beyond preconceived ideas, and recognizing patterns or phenomena that are beyond current understanding.

In short, transcendence encompasses a broad spectrum of experiences and meanings, all suggesting the idea of going beyond the ordinary, the limited, the known, towards a higher state of understanding, experience or existence.

The movement of transcending implies being an ancestor in coherence

Here's the crucial question:

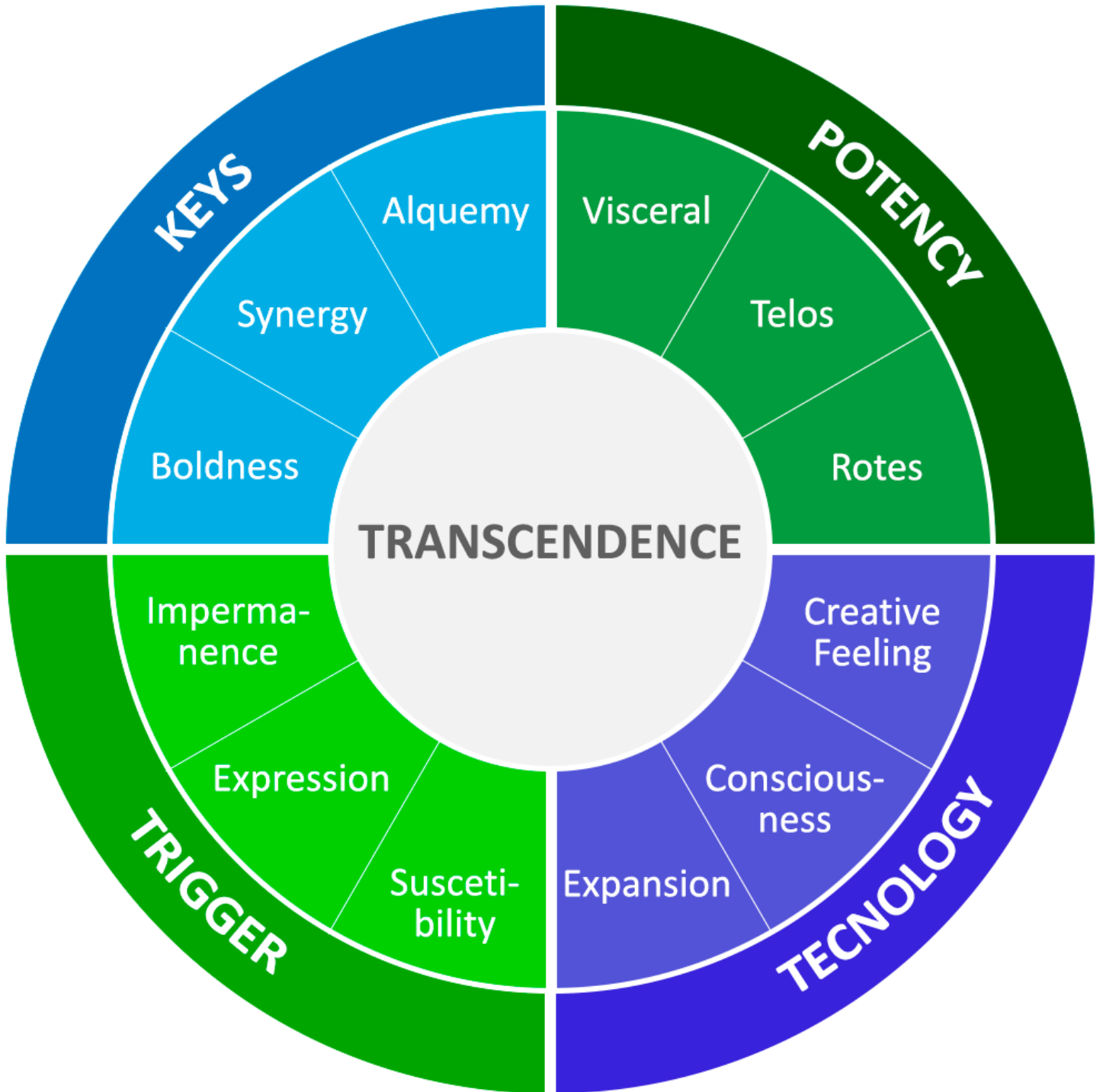
From the point of view of the third ecology, what kind of ancestor do you want to be?

How do you want to be remembered? (3 ecologies)

What are you emanating and accomplishing for this?



Mandala Transcendence



Formula Transcendence

Base Formula (Aurea + Lua + Pulsar + Cristal)

POTENCY: Oribá + Kundalini + 1 drop of Base Formula

VISCERAL: Pyatã + Suinã + 1 drop of Base Formula

TELOS: A Fonte + Indaiá + 1 drop of Base Formula

ROTES: Yatê + Marupiara + 1 drop of Base Formula

TECNOLOGY: Moara + Pulsar + 1 drop of Base Formula

CREATIVE FEELING: Imbe + Revelação + 1 drop of Base Formula

CONSCIOUSNESS: Cosmos + Suri + 1 drop of Base Formula

EXPANSION: Baby Suri + Renascer + 1 drop of Base Formula

TRIGGER: Bromélia 2 + Tempo + 1 drop of Base Formula

SUSCETIBILITY: Deli + Tassi + 1 drop of Base Formula

EXPRESSION: Oyamã + Soberania + 1 drop of Base Formula

IMPERMANENCE: Celebração + Sabedoria + 1 drop of Base Formula

KEYS: Bromélia 1 + Primordial + 1 drop of Base Formula

BOLDNESS: Encantar + Jumping Child + 1 drop of Base Formula

SYNERGY: Moara + Kundalini + 1 drop of Base Formula

ALQUEMY: Sabedoria + Tempo + 1 drop of Base Formula

POTENCY

It is the source of life, the ability to generate energy.
What are your resources to generate it?

Life is a constant movement, an energy that drives each living being to seek its full development. This vital impulse, also known as power, is the engine that drives us to overcome challenges, achieve goals and live fully. In this essay, we will discuss the importance of the life impulse and how it manifests in different aspects of our existence.

1. Physical power:

The power of life manifests itself in our physical body, allowing us to carry out activities and overcome limits. A clear example of this is the high-performance athlete, who trains intensely to develop his physical power and achieve extraordinary results. Through the drive of life, we are able to overcome obstacles and achieve feats that seemed impossible.

2. Intellectual power:

In addition to physical power, life also encourages us to develop our intellectual power. Through study, the search for knowledge and the development of cognitive skills, we are able to expand our horizons and achieve a greater understanding of the world around us. An example of this are the great scientists and philosophers, who, through their vital impulse, revolutionized human knowledge and left a lasting legacy.

3. Emotional power:

The power of life also manifests itself in our emotions and relationships. Through the vital impulse, we are able to love, create emotional bonds and overcome emotional challenges. An example of this are stories of overcoming and resilience, where people face adversity and find the strength to move forward. The drive of life allows us to find meaning and purpose in our interpersonal relationships, becoming social beings and capable of building a more supportive society.

Spiritual potency:

Our ability to generate neurogenesis and reach degrees of perception beyond the limit of the visible.
Wich are your resources to generate it?

1) Visceral

Drive: Ignition.

Counterpoint: Lethargy/excess energy leading to anxiety.

Attention: Access the vital energy generating point/its ignition vortex.

Life is a constant motion, an energy that drives every living being to seek its full development. This vital impulse, also known as potency, is the engine that propels us to overcome challenges, achieve goals, and live fully. It is as important as the heart and the mind.

When we anchor the viscerality of the soul in the physical body, we create a universal energy field!



2) Telos

Drive: Primal motivation.

Counterpoint: Neutrality/conformism.

Attention: Know how to nourish yourself exponentially.

The Greek word "telos" has a deep and comprehensive meaning. It encompasses the idea of existential purpose, intrinsic purpose and final objective. The concept of telos invites us to reflect on our lives, actions and endeavors, seeking to understand what our purpose is and how we can achieve our full fulfillment. So, by exploring the meaning of "telos", we delve into a philosophical journey that leads us to a deeper understanding of ourselves and the world around us.

3) Rotes

Drive: Experience the different choices.

Counterpoint: Limiting experiences out of fear/belief/superstition.

Attention: Understand your current choices and the mechanisms involved.

The choices we make and the routes we follow are essential elements in building our identity and directing our lives. Each decision we make puts us on a specific path, which can take us to different destinations and experiences. Hence, the importance of reflecting on our choices, considering the consequences and being open to new routes that may arise.

Formula Potency

POTENCY: Oribá + Kundalini + 1 drop of Base Formula (Aurea + Lua + Pulsar + Cristal)

VISCERAL: Pyatã + Suinã + 1 drop of Base Formula (Aurea + Lua + Pulsar + Cristal)

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TECNOLOGY

We need to acknowledge with honour the human technologies we organically achieved and remember that this is the source AI is coming from. We even go beyond because self-consciousness.

1) Creative feeling

Drive: Sensitivity.

Counterpoint: Noises from the nonconformist mind, extensive vulnerability.

Attention: Sharpen your perception of yourself and others. Notice something new about yourself and your relationships. List, write down.

Creative feeling is a powerful form of expression that allows us to explore, discover and connect with the world in unique and meaningful ways. It invites us to be authentic, to explore new ideas and perspectives, and to find emotional and mental balance. By embracing creative feeling, we can find fulfillment, meaning, and connection in our lives. Therefore, it is important to cultivate and nurture this innate capacity, allowing us to express and explore our creativity in diverse and enriching ways.

2) Consciousness

Drive: Strategy.

Counterpoint: Existential fog/dementia and Alzheimer's.

Attention: Seek a balance between control and strategy/exercise supraconscious states. Pay attention to which times you have the most clarity.

Consciousness can be considered a powerful and versatile tool that plays a crucial role in many aspects of human life. Here are some ways consciousness can be seen as a tool:

- 1. Self-knowledge and self-development:** Awareness allows people to observe themselves, understand their emotions, thoughts and behaviors, and engage in a continuous process of self-evaluation and self-development. By cultivating awareness, people can identify areas for personal growth, change unhealthy patterns, and strengthen their skills and positive qualities.
- 2. Conscious decision-making:** Consciousness enables more informed and reflective decision-making, taking into account a deeper understanding of circumstances, one's own motivations and potential consequences. This can lead to choices that are more aligned with personal values and goals.
- 3. Conflict resolution:** Conscience can be used as a tool to resolve conflicts, both internal and external. By being aware of your own emotions and points of view, as well as the perspectives of others, you can approach conflicts with empathy, understanding and the search for constructive solutions.
- 4. Changing thought patterns:** Awareness provides the opportunity to recognize patterns of thought or behavior that may be limiting, harmful or outdated. This conscious awareness can facilitate the implementation of new, healthier and more constructive patterns.
- 5. Raising collective consciousness:** On a broader scale, individual consciousness contributes to the collective consciousness of society. Raising awareness about social, environmental and humanitarian issues can drive positive change and impact how communities address important challenges.



Therefore, consciousness can be seen as a multifaceted and dynamic tool, which can be deliberately used to promote self-transformation, conscious decision-making, conflict resolution, positive change, strategic processes and collective advancement.

3) Movement / Expansion

Drive: Movement/nonconformity, dissatisfaction.

Counterpoint: Complacency, “disguised” peace.

Attention: Exceed known movement/extend your walk.

“The ship is safe when it is in port... but that is not what they were created for”.

The quality of movement and expansion is an essential characteristic of the human being. It allows us to explore, interact and grow, both physically and mentally. By moving and expanding, we strengthen our health, stimulate our creativity and become more complete and fulfilled beings. It is through this quality that we conquer territories, face mares and oceans and now take flight towards space.

Formula Tecnology

TECNOLOGY: Moara + Pulsar + 1 drop of Base Formula (Aurea + Lua + Pulsar + Cristal)

CREATIVE FEELING: Imbe + Revelação + 1 drop of Base Formula (Aurea + Lua + Pulsar + Cristal)

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TRIGGER

Behavioral triggers are stimuli that trigger a specific response or behavior in a person. They can be external, such as a visual or auditory signal, or internal, such as an emotion or thought. Behavioral triggers can be conscious or unconscious and can have a significant impact on our actions and decisions.

1) Suscetibility

Drive: Traumas/emotional pain/spectrums of behavior.

Counterpoint: Shielding to avoid coming into contact with vulnerability.

Attention: Be aware of your reactive emotional triggers through self-observation. What provokes you?

Susceptibility in human behavior refers to the inclination or willingness to be influenced by internal and external factors, which can lead to different responses and reactions. Susceptibility can be caused by a variety of factors, including genetics, life experiences, social environment, as well as emotional and psychological factors.

This susceptibility can manifest itself in different ways and in different contexts. For example, individuals may be susceptible to persuasion, group influence, social conditioning, emotional stimuli, and behaviors modeled by authority figures. Furthermore, susceptibility also plays a significant role in areas such as marketing, advertising, psychology, education, and even the development of public policy.

Understanding susceptibility in human behavior is crucial in a variety of fields, as it can inform the way in which issues of social influence, decision-making, behavior change, group management, among other aspects related to collective and individual behavior are approached.

It is important to note that susceptibility is not necessarily negative. It can reflect the ability to adapt to new situations, learn from experiences, and interact with others in an empathetic way. However, it is essential for individuals and society to be aware of the effects of susceptibility and seek healthy ways to mitigate negative influence, as well as promote a critical and conscious understanding of external influences.

2) Expression

Drive: Communication and language.

Counterpoint: Isolation, self-deception, pride.

Attention: Balance authenticity, self-observation and resonance. Give adequate space to the ego. Improve language with empathy.

The expression can be considered a behavioral trigger, as it can trigger a specific response or behavior in a person. When we express ourselves, we are communicating our thoughts, feelings and emotions in some way, whether verbally, through writing, art, music or other forms of expression.

Expression can have multiple purposes, such as sharing information, conveying a message, venting emotions, seeking connection with others, or simply expressing yourself creatively. By expressing ourselves, we can influence our own thoughts and emotions, as well as the behavior of others around us.



For example, if we are angry, we can express this emotion in different ways, such as speaking aggressively, writing in a diary, painting a picture or playing sports. Each form of expression can have a different impact on our own emotional experience and the behavior of others.

3) Impermanence

Drive: Evolutionary flow.

Counterpoint: Timeless expectations, that everything remains.

Attention: Cultivate the immutable, let the mutable flow. Improve the resonance in relationships to make them structured in affection, which can reverse impermanence into permanence.

Impermanence is a fundamental concept found in many spiritual traditions, Eastern philosophies, and even some psychological approaches. It refers to the idea that everything is in constant change, flux and transience.

In the Buddhist tradition, for example, impermanence (anicca) is considered one of the three essential characteristics of existence, alongside suffering (dukkha) and the absence of a permanent self (anatta). It suggests that all phenomena are subject to change, from physical objects to mental states, and that understanding and accepting this reality are fundamental to achieving wisdom and freedom from suffering.

In Eastern philosophy, impermanence is often associated with the notion of harmony with nature and the understanding that life is a continuous cycle of birth, growth, death and renewal.

In psychology, the idea of impermanence is also explored in contexts such as mindfulness therapy and the acceptance of passing thoughts and emotions. Understanding impermanence can help people deal with change, uncertainty and difficulties, promoting greater resilience and adaptability.

Therefore, impermanence represents a fundamental reality of life, and understanding this concept can significantly impact how people perceive and respond to experiences in the world. Rather than resisting change and transience, understanding impermanence can promote a more flexible, tolerant, and compassionate approach to life and situations that arise.

Formula Trigger

TRIGGER: Bromélia 2 + Tempo + 1 drop of Base Formula (Aurea + Lua + Pulsar + Cristal)

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KEYS

1) Boldness

Drive: Positive frustration, conquer, experiment, integrate.

Counterpoint: Fear, the matrix that controls the institutional, which must be respected but also questioned. Negative frustration.

Attention: Question, understand, integrate and move forward.

Boldness is a powerful key to transcendence, as it encourages us to step out of our comfort zone and seek experiences and opportunities that challenge us and allow us to grow.

By being bold, we are willing to take risks and face the unknown. This allows us to overcome fears and limitations, expand our horizons and discover new possibilities in our lives.

Boldness helps us break down barriers and overcome obstacles that may be preventing us from reaching our full potential. By challenging ourselves and taking risks, we can discover hidden skills and talents, develop new perspectives and gain greater confidence in ourselves.

Furthermore, boldness allows us to experience life more fully and meaningfully. By allowing ourselves to live courageously and authentically, we can connect with our deepest desires and passions, and seek a greater purpose in our lives.

2) Synergy

Drive: Supraconsciousness, coherence.

Counterpoint: Limitation, fragmentation.

Attention: Perceive the bliss between the dance of the mind and the heart.

The human mind is an incredible and complex key, capable of processing information, creating, learning and adapting. It allows us to solve complex problems, imagine new possibilities and develop innovative solutions. By recognizing the mind as a human technology, we can harness its potential to drive progress and innovation in all areas of life. It is important to value and nourish our mind, allowing us to explore and develop its full potential.

It needs to be in synergy with the heart rate, bringing the synergy of both to the concept of Love as a universal intelligence.

The synergy between mind and feeling plays a crucial role in human functioning and experience. Here are some ways the synergy between mind and feeling can be understood:

1. Interaction between thoughts and emotions: The mind and feelings are intrinsically linked, with thoughts influencing emotions and vice versa. The synergy between the two can create a feedback loop, where thoughts shape emotions and emotions influence thoughts.

2. Decision making: The synergy between mind and feeling can play a significant role in decision making. Emotions can provide important clues and insights that the mind can process to reach a balanced decision.



3. Mental state and emotional well-being: Harmony between mind and feeling is often associated with general well-being. A clear, positive state of mind can influence more balanced emotions, while healthy emotions can promote a more positive state of mind.

4. Self-knowledge and authenticity: The synergy between mind and feeling plays a fundamental role in self-knowledge and authenticity. Awareness of one's thoughts and emotions allows for a deeper understanding of oneself and others.

5. Compassion and empathy: The synergy between mind and feeling is crucial for understanding and expressing compassion and empathy. The mind can understand the perspective of others, while feelings can fuel emotional connection and genuine compassion.

The synergy between mind and feeling represents the dynamic interconnection between the cognitive and emotional aspect of the human experience, playing a vital role in understanding self, social interactions, decision-making, and overall well-being.

3) Alquemy

Drive: Search for harmony of elements.

Counterpoint: Depression, anger, extreme emotional states that consume enthusiasm.

Attention: Understand that life brings paradoxes that are equations of profound transformations.

Alchemy can be seen as a powerful metaphor for personal transformation and behavioral transcendence. In traditional alchemy, the objective was to transform common metals into gold, but this process was also seen as a journey of inner transformation, in which the alchemist sought purification and spiritual elevation.

Likewise, in the search for behavioral transcendence, we can apply the principles of alchemy to transform negative aspects of our personality into positive qualities. This involves a process of self-knowledge, self-transformation and self-transcendence.

The ability to work with frequencies- and understand that its a key to balance emotions, self expressions, communication - is a bridge to achieve clarity about universal presence.

Formula Keys

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